

## SHABBAT SHALOM

*“If because of the Sabbath, you turn your foot from  
doing your own pleasure on My holy day, and call  
the Sabbath a delight, the holy day of the Lord...  
then you will take delight in the Lord.”*

Isaiah 58:13-14



**I. SEVENTH DAY SABBATH WAS ESTABLISHED AS AN ETERNAL LAW/PRINCIPLE BEFORE THE MOSAIC LAW**

A. **Gen. 2:1-4** God Sanctified The Seventh Day As Part Of The Creation

1. Eternal Pattern — law—way of God is work six days (1—6) and rest on the seventh (7)

B. **Lev. 23:1-3** It's An Appointed Time (Moed) (7th day)

1. “Holy convocations” or “Rehearsals” for the full manifestation of the kingdom of God to come
2. A Holy Day Spent In The Presence Of God In Preparation For The Coming Work Week

C. **Ex. 16:22-30** God Re-establishes The Sabbath Before Mosaic Law Was Given

1. While in Egypt (430 years), Israel lost the principle of Sabbath

D. Jesus Kept The Sabbath

1. **Luke 4:14-21** Announced His ministry on Sabbath
2. **Vs. 31-35** Taught and cast out demons on Sabbath

F. Paul Observed The Sabbath

1. **Acts 13:14-15** In the synagogue in Antioch
2. **Vs. 42-43** Jews and gentiles beg them to come back next Sabbath and teach some more

**Love God**

1. No other gods
2. No idols
3. Don't take the Lord's name in vain
4. Remember the Sabbath (keep holy)

**Love Your Neighbor**

5. Honor Father and Mother
6. Do not murder
7. Do not commit adultery
8. Do not steal
9. Do not lie
10. Do not covet

## II. CHURCH CHANGES TO SUNDAY SABBATH

### A. New Testament Christianity Was Messianic Judaism

1. Just another sect of Judaism
2. Very Jewish
  - a) 7th day Sabbath
  - b) Celebrated the Feasts
  - c) Kept kosher laws

### B. After 70 A.D. (1st Jewish Revolt) Israel and The Jews Were Very Hated

1. Undertones among some gentile believers to distance themselves from anything Jewish or Hebraic

### C. Beginning In About 135 A.D. (Second Jewish Revolt) Gentile Church Fathers Began To Openly Break With Hebraic Roots

1. Pagan world kept Sunday Sabbath to the Sun god
2. Church began to gather on Sunday to escape persecution
3. Sunday Sabbath became a tradition that was arbitrarily changed to Sunday in the 3rd Century

### D. The Change Is Based On Four Obscure Passages From Apostolic Letters — Today's New Testament Scripture

#### Acts. 20:7-11

1. Traditional church claimed it was a church service, but "*gathered together to break bread*" — not a service
2. Was called "The First Day of the Week" — not Sabbath
  - a) At the end of Sabbath there's a meal called Havdalah — this was the bread breaking
  - b) After Havdalah, Paul preached until midnight

#### Love God

1. No other gods
2. No idols
3. Don't take the Lord's name in vain
4. Remember the Sabbath (keep holy)

#### Love Your Neighbor

5. Honor Father and Mother
6. Do not murder
7. Do not commit adultery
8. Do not steal
9. Do not lie
10. Do not covet

**Obscure must yield to the obvious**

**Rev. 1:10** John Was In The Spirit On The Lord's Day

1. Lord's Day interpretation
  - a) Assumed Lord's Day was talking about Sabbath
    - Sabbath is always called the Sabbath
    - Lord's Day referred to the first day of the week when Jesus rose from the dead

**1 Corn 16:1-2**

1. Said this was a collection or offering taken during a first day of the week (Sunday) church service
  - a) Paul said "Each one put aside and save as he prospers"
  - b) *Paid Daily*: Part of first day's pay was put aside for ministry — type of first fruits
  - c) So a collection didn't have to be taken

**Col. 2:8**

1. Referring to Greek Gnosticism, Encratism and Hellenism combined with Jewish Mysticism (Cabala)
  - a) Esoteric revelations for only the elect, allowed for wild mystical interpretation of the Scriptures
  - b) Christ was not corporeal (cosmic Christ not real)
  - c) Angelic worship (received messages from them)
  - d) Different Sabbaths and how they are observed
  - c) Self abasement of the body to prove they had control over passions
    - Abstain from eating certain foods at certain times or eating certain foods at certain times
    - No literal marriages (all one in cosmic Christ)
    - New moon celebrations and date setting

**Love God**

1. No other gods
2. No idols
3. Don't take the Lord's name in vain
4. Remember the Sabbath (keep holy)

**Love Your Neighbor**

5. Honor Father and Mother
6. Do not murder
7. Do not commit adultery
8. Do not steal
9. Do not lie
10. Do not covet

**Obscure must yield to obvious**

**Obscure must yield to obvious**

(Flavors of Balaam)

*"But the Spirit explicitly says that in the latter times some will fall away from the faith, paying attention to deceitful spirits and doctrines of demons... men who forbid in marriage and advocate abstaining from foods, which God created to be gratefully shared in by those who believe and the truth (Torah).*

— **1 Tim. 4:1**

2. **Vs. 16-23** Don't Let Anyone Judge You For Not Keeping Pagan Practices
- a) Hellenistic celebration of a fertility goddess on first day of the week, after the first full moon after the *vernal equinox* or the first day of spring
  - b) Some Jewish mysticism (Cabala) taught a mystical keeping of Torah was necessary for salvation
  - c) Paul was not saying you could keep the parts of Torah you wanted and throw out the rest

## VII. GOD IS RESTORING THE BIBLICAL SABBATH TO THE BODY OF MESSIAH

- A. **Is. 58:12-14** We are re-establishing the ancient foundation
- 1. Sabbath is from the foundations of the earth
- B. **Is. 56:1-7** Gentile Believers Keep Shabbat
- D. **Matt. 15:1-3, 7-9** Church Traditions vs. God's Torah

### Love God

1. No other gods
2. No idols
3. Don't take the Lord's name in vain
4. Remember the Sabbath (keep holy)

### Love Your Neighbor

5. Honor Father and Mother
6. Do not murder
7. Do not commit adultery
8. Do not steal
9. Do not lie
10. Do not covet

Love God

1. No other gods
2. No idols
3. Don't take the Lord's name in vain
4. Remember the Sabbath (keep holy)

Love Your Neighbor

5. Honor Father and Mother
6. Do not murder
7. Do not commit adultery
8. Do not steal
9. Do not lie
10. Do not covet